

Covid-19 Pandemic Memo #4

March 30, 2020

This past week has seen daily changes, more questions, and people are working at an overwhelming pace. People in all communities are practicing unprecedented measures to try to flatten the curve and stop the spread of the virus. Thank you everyone in our communities for doing your part. We are in this together!



We know that inboxes are inundated, and it is difficult to read and respond to everything coming from all directions. For this reason, the communications team has set up **a section on larche.ca which contains the resources we have shared and all the links contained in these memos:**

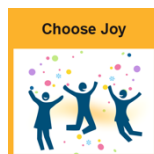
To download all resources (updated March 30)

<https://media.larche.ca/covid/COVID-19-resources.zip>

New COVID-19 section on L'Arche Canada website: <https://www.larche.ca/en/covid-19>

Staying Connected

L'Arche Canada has created an **Update and Action Form** that can be completed via the SurveyMonkey link sent to Community Leaders on Monday March 30. This is a way for keeping in touch regarding the impact of Covid – 19. **L'Arche Canada requires communities** to provide a weekly update on your situation. The sheet comes with an easy to follow example. If you require help, please reach out directly to Lori Vaanholt lvaanholt@larche.ca. We are asking that the update and action spreadsheet be updated no later than end of day Tuesday each week. This will allow time to assess the resources and share back to communities what is happening in other communities. Although we hope and pray everyone is able to stay safe, we want to stay abreast of active cases and needs in your communities.



- L'Arche International Facebook has a link for members and are providing information, activities and sharing.

- Federico Gauchat from L'Arche Ottawa is holding Zoom Zumba classes every Tuesday for the next 7 weeks at 4:00 EST, next session March 31st:

<https://zoom.us/j/902426712>

- Core Values newsletter will keep sharing and collecting great ideas from you to assist with being at home together.
- Atlantic Canada is holding community connections, great features check them out on Instagram [#larchatlantic](https://www.instagram.com/larchatlantic) #communityconnection

Resources

Thank You L'Arche Saint John for this excellent video from Stanford Medical demonstrating how to prevent the spread of Covid-19. What's App Video, titled "Help Prevent the Spread, We are Stronger Together."



L'Arche Calgary has provided an excellent reference for formation. Check out their presentation complete with instructions and links to key training to stay healthy and safe.



The Federal Government has introduced a [temporary wage subsidy](#) for employers to help during this crisis. Please follow the link with important info for **those who oversee finances and payroll in your community**. Many of you will have seen and or received this, but if not please review.

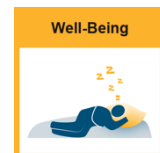
L'Arche seeks to take a role advocating for persons with disabilities and their families and support workers at this time when they are at greater risk. L'Arche Canada contributed to the development of and was a signatory on the recommendations to the federal government from disability organizations. (attached)

PPE (Personal Protective Equipment)

There is a worldwide shortage of masks, gloves and gowns. In order to conserve supplies, you do not need to be utilizing these protective measures in homes where there is no sign of the virus. Local health agencies are trying to distribute as necessary to those most in need.

What to do if someone is exhibiting signs of Covid-19?

Continually (daily) be in touch with your local Public Health Department. They may have already provided you with information. If not, here is a helpful guide. **Always ensure that you are identifying as a group shared living situation**, through testing, diagnosing, screening, etc.



Be well everyone, keep doing your part!

Tammy Bartel
HR Coordinator
L'Arche Canada